

2015 Junior Guard Schedule: Sess 2 Monterey State Beach

DATE	ACTIVITY	LOCATION	Time
WEEK 1	RESCUE WEEK		
6-Jul	Ocean Safety: Rules, Regulations and Safety	Monterey State Beach	9a.m.-2p.m
7-Jul	Waves and Currents	Monterey State Beach	9a.m.-2p.m
8-Jul	Unit 1 Rescue Demo	Monterey State Beach	9a.m.-2p.m
9-Jul	Hawaii Day/Watermen History	Monterey State Beach	9a.m.-2p.m
10-Jul	Carmel Surf Safari	Carmel Beach (Scenic and Santa Lucia St.)	9a.m.-2p.m
WEEK 2	FIRST AID WEEK		
13-Jul	CPR/C-Spine/Splinting	Monterey State Beach	9a.m.-2p.m
14-Jul	Bleeding/Bandaging	Monterey State Beach	9a.m.-2p.m
15-Jul	Pirate Day	Monterey State Beach	9a.m.-2p.m
16-Jul	Photo Day	Monterey State Beach	9a.m.-2p.m
17-Jul	Coast Guard Day	San Carlos Beach-Coast Guard Pier	9a.m.-2p.m
WEEK 3	COMPETITION WEEK		
20-Jul	Nutrition Day	Monterey State Beach	9a.m.-2p.m
21-Jul	80s Day/Surf Comp	Monterey State Beach	9a.m.-2p.m
22-Jul	Intramural Comp	Wharf II	9a.m.-2p.m
23-Jul	Sea Cliff Competition	Sea Cliff State Beach	9a.m.-2p.m
24-Jul	Point Lobos Day	Point Lobos State Reserve	9a.m.-2p.m
WEEK 4	HERO WEEK		
27-Jul	AMR Lecture	Monterey State Beach	9a.m.-2p.m
28-Jul	Fire Engine/Boat Lecture	Monterey State Beach	9a.m.-2p.m
29-Jul	Super Hero Day/Cream Puff Olympics	Monterey State Beach	9a.m.-2p.m
30-Jul	Free Play Day	Monterey State Beach	9a.m.-2p.m
31-Jul	Award Ceremony/Potluck	Lovers Point	9a.m.-2p.m

*This schedule is tentative and subject to change. If changes occur, we will send out notices.

JG Field Trip Directions

DATE	EVENT / LOCATION	DIRECTIONS	TIME
10-Jul	Carmel Surf Safari	Highway 1 towards Carmel. Take Ocean Ave	9am to 2pm
	Carmel Beach Scenic & Santa Lucia Street	towards the ocean (west). Turn left on Scenic (before Carmel, CA	
	Surfing/Boogie Boarding/Bodysurfing	Carmel City Beach parking lot). We will be at the intersection of Scenic and Santa Lucia St. on the beach.	
17-Jul	San Carlos Field Trip	Take HWY 1 to MPC/Freemont St. Exit, turn rt on Camino	9am to 2pm
	San Carlos Beach, Monterey	El Estero. Make left on Del Monte. Veer right and go	
	Snorkeling/Swimming/Paddling	through tunnel. Take first rt onto Foam st. and then first right off foam down toward the Coast Guard Pier. San Carlos Beach is on your left.	
22-Jul	Intramural Competition	Highway 1 towards Monterey. Exit at Aguajito Road	9am to 2pm
	Del Monte Beach Wharf II in front of MB Kayaks	and go towards the beach (west). Turn left on Del	
	Monterey, CA	Monte Ave. Turn Right into "Old Fisherman's Wharf"	
	Swimming/Paddling/Running	parking lot (across from MacDonalds).	
23-Jul	Seacliff Competition	Take Highway 1 North towards Aptos.	7:30a.m. to 4:30p.m.
	Seacliff Beach in Aptos	Exit State Park Drive	
	Swimming/Paddling/Running	Follow State Park Drive all the way to Seacliff Beach	
24-Jul	Point Lobos State Reserve	Highway 1 south towards Big Sur	9am to 2pm
	Point Lobos State Reserve Carmel, CA	One mile after Monastery Beach, once entering the trees,	
	Snorkeling/Hiking/Paddling	Point Lobos Reserve will be on the right. Enter the park and do a u-turn around the kiosk to drop-off/pick-up your child.	
31-Jul	Awards Ceremony	Take HWY 1 to MPC/Freemont St. Exit, turn rt on Camino	9am to 2pm
	Lovers Point Pacific Grove, CA	El Estero. Make left on Del Monte. Veer right and go	Lunch at 12!!!
	Eating/Swimming/Receiving Awards	through tunnel. Take first rt onto Foam st. and make rt onto ocean view follow to Lovers Point Park.	

*What to bring: JG uniform, wetsuit, towel, sunscreen, lots of water and a large lunch. Please drop off and pick up ON TIME!!!